

THE UPSIDE DOWN organization



helping adults help kids

The Upside Down Organization (UDO) is a non-profit entity dedicated to improving the lives of children and youth through transforming organizational cultures. UDO bases its learning experiences on a highly successful philosophy called **Transformation Education** and infuses its teachings with the **latest neuroscience research**. Committed to the mission of “Helping Adults Help Kids,” UDO learning experiences and tools are strategically developed to improve the skills of all people who educate, parent, guide and care for young people.

ABOUT YOUR PRESENTER



SHAUNA
KING, Ed.S.

Shauna King is passionate about helping teachers keep their skills sharp and their students at the top of their learning game. She is so committed to this mission that she founded a professional development organization to assist schools with positive school culture and climate initiatives.

Shauna is currently an education consultant and graduate course instructor for Gratz College and The Regional Training Center. She has worked in various roles in public and non-public school settings, including principal, intervention specialist, peer mediation teacher and classroom teacher. Shauna worked as the PBIS coordinator in one of the largest school districts in the state of Maryland. Because of her commitment to this initiative, she was invited to join the Maryland PBIS State Leadership Team where she served as a state level trainer.

Shauna earned a Bachelor of Science in Education from Morgan State University, a Masters of Education from Bowie State University and an Education Specialist degree in Adult Learning from Walden University.

Shauna is a proud wife and mother of two elementary-age children, who are the joy of her life. She is also an active member of her church where she serves on the Leadership Team and as Chairperson of the Drama Ministry.

AVAILABLE WORKSHOPS

Battling the Bully: Brain-Inspired Responses to Bullying

Beyond Poverty: Brain-Inspired Ways to Understand and Respond to Poverty

Change Your Language, Change Their Lives: What Adults Can Say Differently Today To Transform the Tomorrows of Our Youth

Conquering Boredom, Apathy and Indifference in the Classroom: Strategies to Engage, Excite and Motivate Your Students

Jack's Brain, Jill's Brain: Gender Differences and Why They Matter

The New IQ?: Understanding and Teaching Executive Function Skills In and Out of the Classroom

Interested in bringing Shauna to your school or program?
Contact the UDO office at: 410-444-5415 or via email at
paul@upsidedownorganization.org.

WORKSHOPS

**Shauna King,
Ed.S.**

*Certified Presenter,
The Upside Down
Organization*

QUESTIONS:

Call the UDO
office at
410-444-5415.

Battling the Bully: Brain-Inspired Responses to Bullying

Bullying has become a significant concern on many campuses as students with physical or cognitive advantages intimidate and exploit their more vulnerable classmates, often with a sophistication and a discreetness that makes it difficult for adults to observe and intervene with. This workshop will explore what bullying is, its distinctive features and the three types of bullying.

Beyond Poverty: Brain-Inspired Ways to Understand and Respond to Poverty

Poverty has a synergistic and pervasive negative impact on children's brains. In this workshop, participants will learn the specific impact of poverty on the developing brain, the outcomes of that damage in the classroom and the community, and the interventions that can be used to overcome poverty's effects. Specific, research-based strategies for combating the negative impact of poverty on learning will be introduced for infants, pre-school and school-aged children.

Change Your Language, Change Their Lives: What Adults Can Say Differently Today To Transform the Tomorrows of Our Youth

Neuroscience discoveries have revolutionized our understanding of how the brains of our children learn and grow. In particular, brain research reveals how the specific language used by adults who teach, mentor, counsel and parent youth has a much more profound effect on their development than previously realized. Learn the four powerful "Languages of the Brain" that will transform the lives of the children you serve.

Conquering Boredom, Apathy and Indifference in the Classroom: Strategies to Engage, Excite and Motivate Your Students

Learn how to engage students in every lesson, no matter what the content. Discover tools for putting students in charge of their own learning and turning their motivation level "upside down." Most important, you'll get the skills to put fun and excitement into your lessons without "losing control" of your classroom and you will dramatically increase student retention while you are doing it.

Jack's Brain, Jill's Brain: Gender Differences and Why They Matter

This workshop introduces participants to the rapidly emerging research on how the brains of females and males are developmentally, structurally and functionally different. Based on these differences, participants will learn academic approaches customized to the distinctly different learning styles of girls and boys. In addition, this session will acquaint participants with the practical application of gender research to behavioral and emotional interventions with a focus on helping both sexes avoid high risk activities such as drug use, alcohol abuse and sexual activity.

The New IQ?: Understanding and Teaching Executive Function Skills In and Out of the Classroom

Teaching children to think—clearly and efficiently—is a universal goal of parents and teachers alike. Thinking skills such as planning, goal setting, organizing, prioritizing, self-monitoring, accessing working memory, inhibitory (impulse) control and sustaining focused attention are critical to academic success at every age. Most important, the development of these skills allows children to mature into independent, healthy and functional adults. Executive function skills are the "how" of learning. When a student has poor or under-developed executive function skills, they can appear disorganized, unprepared and unmotivated. By providing explicit instruction in executive function processes, parents and teachers can significantly elevate the thinking abilities in their children and students.